

# Just a Minute

1-3 grade

Objective: The student will explore duration of time.

Materials: Record sheet for each student  
Stopwatch or clock with a second hand  
1 minute sand-timer

Grouping: 2 to 4 students, working in pairs

Preparing the Center: Copy handouts and place timers at center

Using the Center: The students will work in groups of 2, timing each other as they do the required activities. Be sure the students estimate before doing the activities. The students will answer the questions at the end of the recording sheet after performing the activities.

**In one minute, I can...**

	<b>Write the letter "M" this many times</b>	<b>Write my name this many times</b>	<b>Blink my eyes this many times</b>	<b>Jumping jacks this many times</b>
<b>Estimate</b>				
<b>Actual</b>				

**Based on your actual total, how many times could you write your name in two minutes?**

**Who could write their name more times in a minute, you or your partner? Why?**

**Which is more important, spelling your name correctly or how many times you could write your name?**

**What other activities do you think you can do in one minute?  
Try it!!**